

**CONCEPT NOTE**  
**APACT 2020 Field Trip**  
**“Smoke - Free Workplace and Cessation ”**  
**Police General Hospital**  
**2 September 2020**

**Background/overview**

Police General Hospital is a government hospital under the Royal Thai Police. Established in 1952 with 600 beds. Police general hospital is committed to providing high quality medical services for the police officer and the people.

In 2007 was declared a smoke - free hospital. According to the Ministry of Health policy. Establish a working group to create a screening and searching system for smokers in all patients. Established Fahsai Clinic to provide treatment to nicotine dependence syndrome. In addition, training for nurses to provide advice, support and encourage on the cancellation of cigarettes. As well as helping medical staffs in hospitals to quit smoking. To provide continuous campaign activity on non – smoking

Police Major General Chantana Withawasiri, who was the first head of working group. Studied the smoking situation of the police in the Royal Thai Police found that 30.9 % of smoker. And 40.3 % as police detective.

Police General Hospital recognizes the importance of quitting smoking. Smoking is the main cause of preventable illness. It causes a wide range of diseases and medical conditions, including cancers, respiratory diseases, coronary heart disease. So The police who quit smoking will has a better health. A positive image of law enforcement. And Smoke – Free Police station will be a model of strict law enforcement. Positive impact on the Royal Thai Police. The success of Thai police were able to quit smoking 41.3%

**Objective**

1. Lesson Learn from Smoke – Free work place for organizing non smoking police station.
2. Learn the method for Cessation.

**TARGET**

30 of APACT 2020 Delegates



DATE/TIME/VENUE

- 2 September 2020 @ 09.00-13.00 pm

- 20<sup>th</sup> floor The Maha Bhumibol Rajanusorn 88<sup>th</sup> year anniversary Building. ChaiJinda 1 meeting room.

## OVERALL PROGRAM

Time	Description
08.30 am	Depart from the Centara Grand Hotel to Police General Hospital.
09.00 - 09.30	Arrive at Police General Hospital.
09.30 - 09.40	Welcome speech by Police General Hospital director.
09.40 - 10.00	The performances of the nursing student club creates a Thai society of smoke free.
10.00 - 11.00	<ul style="list-style-type: none"><li>- VDO presentation health promotion and non-smoking police station for the people project.</li><li>- Presentation about smoke - free Police Hospital.</li><li>- Question-Answer (15 minutes).</li></ul>
11.00 - 11.30	Visit Out patient and In patient screening system.
11.30 - 12.30	Lunch at 20 <sup>th</sup> floor The Maha Bhumibol Rajanusorn 88 <sup>th</sup> year anniversary Building.
12.30	Return to the Centara Grand Hotel.